



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EXERCISE YOUR HEART IN MORE WAYS THAN ONE.

When you join the Y, you're committing to more than simply becoming healthier. You are supporting the values and programs that strengthen your community. At the Y, children learn what they can achieve, families spend quality time together, and we all build relationships that deepen our sense of belonging. **For more than a workout. For a better us.**

MEMBERSHIP BENEFITS

- Berkshire Family YMCA Fitness Tracker Smartphone App.
- Reduced program fees for family memberships.
- Access to indoor swimming pools at Pittsfield and North Adams branch locations with adult lap lanes and family open swim times. Central Berkshire County's largest indoor swimming pool (25 meters, 6 lanes) located at the Pittsfield branch.
- A wide variety of FREE group exercise classes, including Yoga, Zumba, SilverSneakers, TRX, Water Aerobics, Cycling (Reebok and Keiser bikes).
- Use of state-of-the-art cardio equipment, nautilus machines, heavy boxing bag, free weights, rowing machines, battle ropes, and more!
- Racquetball court, gymnasium and basketball Court.
- Men's and women's locker room with saunas.
- Access to more than 2,600 YMCA locations throughout the US and Puerto Rico through the YMCA Nationwide Membership Program.
- Summer access to Berkshire Community College's outdoor swimming pool.

INDIVIDUAL MEMBERSHIP TYPES

*Rate requires automatic EFT **Additional one-time join fee

Membership Types	Month to Month	Monthly EFT Draft	Annual Fee
Youth (6 months-12 years)	N/A	\$4 *	\$42
Teen (13-19 years)	\$10	\$10	\$100
Young Adult (20-24 years)	\$21	\$21	\$252
Adult (25-61 years)	\$59	\$44 * **	\$528 **
Senior (62+ years)	\$33	\$33 * **	\$396 **
Senior Center (62+ years)	\$31	\$31*	\$372

FAMILY MEMBERSHIP TYPES

*Rate requires automatic EFT

1 Adult w/children	N/A	\$49 *	\$588
2 Adults w/children	N/A	\$67 *	\$804
3 Adults w/children	N/A	\$84 *	\$1008
4 Adults w/children	N/A	\$103 *	\$1236
Senior Couple (62+ years)	\$66	\$66 *	\$792
Senior Center Couple (62+ years)	\$62	\$62 *	\$744
Senior Family (62+ years)	N/A	\$66 *	\$792

AMENITIES & EXTRAS

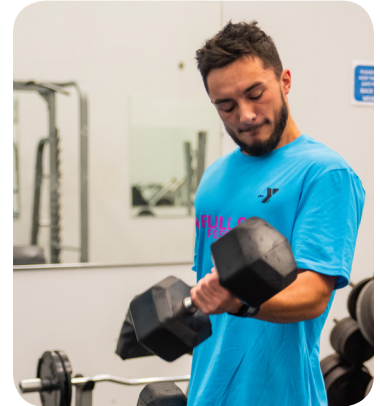
- Locker Rental: \$5/mth
- Men's Health Center with Steam Room (Pittsfield): \$24/mth
- Towel: \$1 ea or \$7/mth
- Replacement Membership Card: \$5 ea

DAILY GUEST PASS

Allows use of the entire facility for the day.

- Youth = \$5/day
- Teen/Adult = \$10/day
- Senior = \$5/day
- Family (2 Adults & 4 Children) = \$20/day

**ASK ABOUT
FINANCIAL
ASSISTANCE!**



BERKSHIRE FAMILY YMCA | BFYMCA.ORG



PROGRAM SITES & FACILITIES

YEAR-ROUND FACILITIES

- Pittsfield Branch
292 North Street Pittsfield MA 01201 | 413-499-7650
- Northern Berkshire Branch
22 Brickyard Court North Adams MA 01247 | 413-663-6529
- Bennington Recreation Center Branch
655 Gage Street Bennington VT 05201 | 802-442-1053

CHILD CARE CENTERS OFF-SITE

- BFYMCA Childcare Center at Lenox
6 Holmes Road Lenox MA 01240
- BFYMCA Taconic Early Learning Center
96 Valentine Road Pittsfield MA 01201

SUMMER DAY CAMPS

- Camp Sumner at Berkshire Community College Paterson Field House
1350 West Street Pittsfield MA 01201
- Camp Abenaki at Windsor Lake
Windsor Lake Road North Adams MA 01247
- Camp Green Mountain at Bennington Recreation Center
655 Gage Street Bennington, VT 05201



FOR YOUTH DEVELOPMENT

Nurturing the potential of every child and teen

CHILD CARE

- Licensed Childcare (Pittsfield: NAEYC Accredited) with Common Core-aligned curriculum
- Licensed School-Age care with SPARK fitness, curriculum

SUMMER PROGRAMS

- Day Camps at Camp Sumner (Pittsfield), Camp Abenaki (Northern Berkshire) Camp Green Mountain (Bennington)

SWIM, SPORTS & PLAY

- Swim Lessons, Basketball, Soccer, Flag Football, Volleyball & Baseball
- Saints Football (Pittsfield)
- Summer swimming at BCC's pool
- Polar Bears Youth Swim Team
- Kids Night Out

FOR HEALTHY LIVING

Improving the nation's health and well-being

FAMILY TIME

- Annual Healthy Kids Day: A free day of fun for families (Every April)

HEALTH, WELL-BEING & FITNESS

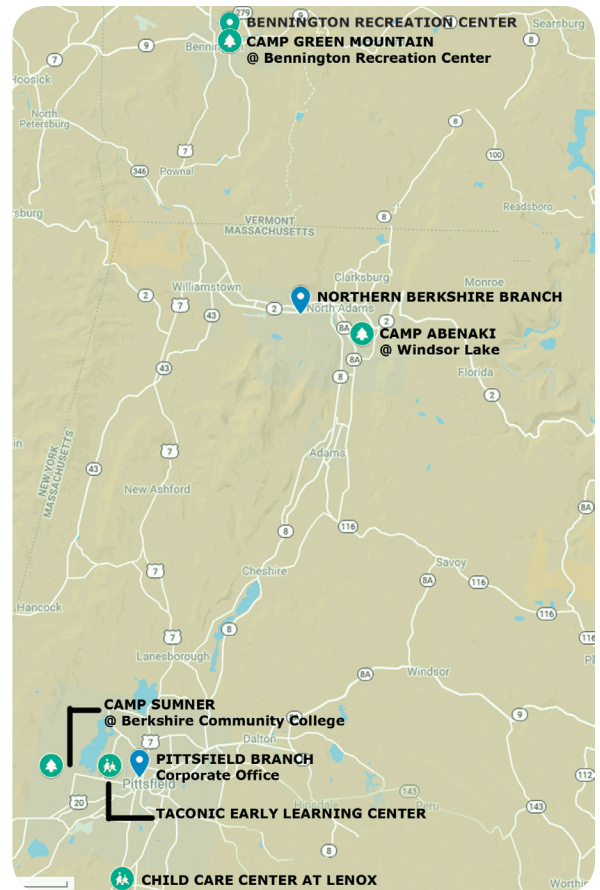
- State-of-the-art cardio and strength-training equipment with initial orientation for YMCA members
- Ready-to-be Fit Room (Northern Berkshire)
- Adult Fitness Classes & Programs
- Adult lap lanes & private swim lessons
- Affordable personal training for Y members
- Saunas in Men's and Women's Locker Room (Pittsfield), co-ed Steam Room (Northern Berkshire); Steam Room Men's Health Center (Pittsfield)
- YMCA Nationwide Membership Program

SPORTS & RECREATION

- Basketball Court/Gymnasium
- Racquetball Court

GROUP INTERESTS

- Polar Bears Masters Swim Club (Pittsfield)



FOR SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors

SOCIAL SERVICES

- Financial Scholarship program
- SilverSneakers
- Family Reunification Services

VOLUNTEERISM & GIVING

- Annual Campaign
- Volunteer opportunities: Sports coaches, member-led Togetherhood Committee & more!



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