



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAFER WATERS

American Red Cross Lifeguard Certification Course with Waterfront Module BERKSHIRE FAMILY YMCA NORTHERN BERKSHIRE BRANCH



Ever wanted to learn how to save a life? With our American Red Cross lifeguard certification course, you can do just that. Participants will learn lifeguarding skills, how to perform CPR on an adult, child and infant, how to use an AED, and necessary first-aid skills. Upon successful course completion, participants will be certified in American Red Cross Lifeguarding, American Red Cross CPR/AED for the Lifeguard, and American Red Cross Basic First Aid.

- Must be at least 15 years old
- Must attend and pass Pre-Course Swim Test
 - April 4, 2018, 3 - 4 p.m. Northern Berkshire Branch
- Class participants will receive a CPR resuscitation mask and whistle.

CONTACT: Brandon: 413-499-7650 x233, brousseau@bfymca.org

**DETAILS: Required Pre-Course Swim Test: April 4, 2018, 3 - 4 p.m.
After passing the free test, participants can register for the class at
the Berkshire Family YMCA - Northern Berkshire Branch.**

**CLASSES: April 14-16, 2018 | 8:00 AM - 4:00 PM
COST: Recertification, \$100 | Lifeguard Training, \$200**

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