

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9am					
10am	H2O Go - BRC Pool 10am - 10:45am	Water Flex and Balance BRC Pool 10am - 10:50am	H2O Go - BRC Pool 10am - 10:45am	Water Exercise-BRC Pool 10am - 10:45am	H2O Go - BRC Pool 10am - 10:50am
11am					
12pm					
1pm					
2pm					
3pm					
4pm					
5pm					
6pm	Yoga with Jane - Senior Center 5:30pm - 6:30pm			Yoga with Jane - Senior Center 5:30pm - 6:30pm	
7pm					
8pm					