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FOR HEALTHY LIVING  
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## FAQ Volleyball 2021

- **Is this league co-ed?** Yes, boys and girls are welcome to play.
- **What are the league dates?** Fall Volleyball runs from September 14 through November 4, 2021.
- **What days does the league take place?** Practices will be Tuesdays and Wednesdays. Games will be on Thursdays.
- **Where is the program located?** This program is held off-site at the Gladys Allen Brigham Center (Girl's Inc.) 165 East Street.
- **What time?** 5th & 6th Grade will practice from 5:45-7:00 PM. 7th & 8th Grade will practice from 7:15-8:30 PM.
- **What will my child need to bring?** Knee pads are suggested but not required. A water bottle and sneakers.
- **Is there traveling involved?** Yes, this league plays matches against Dalton.
- **Will a shirt be provided?** Yes, participants will receive a team shirt.
- **Are masks required?** State and Local guidelines strictly followed to prevent the spread of COVID-19. Participants are asked to bring their own water bottles and wear masks in transition areas of the building.
- **Are spectators allowed?** Parents are allowed during games.

**BERKSHIRE FAMILY YMCA:** [www.bfymca.org](http://www.bfymca.org)

**Pittsfield (Corporate Office):** 292 North Street, Pittsfield, MA 01201 **P:** 413-499-7650 **F (All Locations):** 888-965-0663

**Northern Berkshire:** 22 Brickyard Court, North Adams, MA 01247 **P:** 413-663-6529

**Bennington Recreation Center:** 655 Gage Street, Bennington, VT 05201 **P:** 802-442-1053