



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



**Some things just go better together.** We know that when you work out with a friend, you're more likely to stick with your goals, and you'll have more fun doing it! When you and your buddy commit to the Y together, you will both **receive an exclusive 20% savings** off of the standard membership rate each month.

The savings are just the beginning of your **BUDDY UP 20|20** journey! Buddy-up for the Y's 5 & 10K races, Personal Training, and popular group classes like Strength Train Together, Yoga, Water Exercise, Cycling, and more. Buddy-up to play hoops, pickleball, racquetball, or swimming. There are so many opportunities for you and your buddy to get the most out of your value-packed Y membership – you'll wonder if you will still have time for your other interests!

### HERE'S HOW IT WORKS\*:

**I'M A Y MEMBER** - Bring in a new Y member and both receive a 20% savings on your membership as long as you both remain members of the Y. A "new member" is someone who has not been a member for at least 3 months.

**I'M NOT A Y MEMBER** - Find a friend that wants to join the Y and buddy-up – you both SAVE 20% on your membership as long as you both remain Y members. If one of you leaves the Y, the remaining member has 30 days to **BUDDY UP 20|20** with a new non-member in order to keep the discounted rate.

\*For complete details, visit [bfymca.org/BUDDYUP](http://bfymca.org/BUDDYUP).

BERKSHIRE FAMILY YMCA | [BFYMCA.ORG](http://BFYMCA.ORG)

