BFYMCA – Senior & Insurance Membership Options

Private-Pay (as of 10.15.2024):

NON-RESIDENTS (age 62+): \$33.30 per month

BENNINGTON RESIDENT SENIORS (age 62+): \$9.10 per month

Financial assistance available – application: <u>https://bfymca.org/financial-assistance</u>

Insurance Programs:

1. Silver Sneakers

Silver Sneakers is a program of Tivity Health. Available with many Medicare plans. To check your eligibility and get your Silver Sneaker number, visit <u>www.silversneakers.com/starthere</u> or call 1-888-423-4632 8am-8pm - get the 16 digit code XXXX-XXXX-XXXX and bring it in to set up membership. FREE membership!

2. <u>Renew Active/OnePass</u>

Renew Active and One Pass Medicare are programs of Optum fitness available with many Medicare/Medicaid, United Health Care insurance plans. To check your eligibility and get your Renew Active or One Pass number, contact your insurance provider for your code. Code starts with A or S followed by nine (9) digits. Bring it in to set up your membership. FREE membership!

3. FitOn Health

FitOn Health (previously "Silver & Fit") a program of Medicare and a corporate offering. "Credits" can be used on a membership. To receive membership, sign up through insurance and receive a confirmation email which includes a verification code. Bring this email to the Branch to set up your membership. FREE membership!

These memberships include all the great benefits of a BFYMCA membership including access to pool, fitness center, group fitness classes, and wellness programs! (note – not part of the nationwide program)

For additional assistance, contact Branch Director.

We can also look up eligibility and assist with the registration process.