



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BUMP SET PLAY



## Middle School Volleyball League NORTHERN BERKSHIRE YMCA

The Northern Berkshire Family YMCA's Volleyball program is open to all boys and girls 5th grade - through Grade 8. This 8-week spring program consists of team practices and games. It is perfect for middle school students looking to learn the fundamentals of volleyball and opportunities to refine skills for those experienced. Volleyball builds agility, coordination, speed, balance, teamwork and cooperation, and more!

**WHEN:** 4/16/19 - 6/06/19  
**TIME:** 5th & 6th Grade: Tuesdays and Thursdays, 5:30-6:30 pm  
7th-8th Grade: Tuesdays and Thursdays, 6:30-7:30 pm  
**COST:** Youth Members: \$40 Family Members: \$30

**REGISTRATION OPEN NOW!**

**LOCATION:** NORTHERN BERKSHIRE YMCA  
22 Brickyard Court  
North Adams, MA  
(413) 663-6529  
BFYMCA.org